

Course Name:

Fall Protection Awareness

Availability:

Continuous / Online

Enrolment Information

Phone: (705) 521-8324 ext. 450

<http://www.norcattraining.com>**Course Description**

Falls from heights are among the leading causes of death and injury in the workplace. Health and safety legislation across North America contains requirements to protect workers from falls.

Generally speaking, the legislation for all workplaces states that workers must have protection from falls, the employer must provide this protection, the employer must provide training in the use, operation and maintenance of the equipment, and all equipment used in fall protection must meet or be certified to recognized national standards.

Course Outline

- Hazard Elimination
- Hazard Prevention
- Fall Arrest Systems
- Anchorage Points
- Full Body Harness
- Means of Connection
- Fall Arresters and Vertical Lifelines
- Rope Grab Type Fall Arresters
- Rope Lifelines
- Cable & Rail Type Fall Arresters
- Lanyards
- Self Retracting Lifelines or SRL's
- Shock Absorbers
- Choosing a Fall Arrest System